

Packing List & Dress Code Information

CAMP KOINONIA

What to Bring:

- A Bible (due to NO electronics: no "Bible Apps" or devices; hard copies only)
- Casual, comfortable clothes for six days (appropriate apparel includes jeans, casual pants, capris pants, shorts or skirts, modest shirts and/or blouses).

Important dress-code information: shorts should have AT LEAST A 4" INSEAM and skirts NO SHORTER THAN THE KNEE.

Shorts and skirts should be loose-fitting, but not low-cut or revealing.

Shirts should cover at least the belt line and must be at least 3 fingers wide at the shoulder. No halters or spaghetti straps. Sheer shirts must have a camp appropriate shirt worn underneath. No cut-off sleeve shirts that expose sides. Guys-no bro-tanks.

If you have a question about it, PLEASE DON'T BRING IT.)

- Athletic-type clothes for games time every day (*must comply with dress code stated above*)
- **Two sets of clothes to get messy and wet, including shoes (for 2 water days)**
- Comfortable walking shoes
- A couple of pens or pencils
- Prescription Medications currently being taken - these are collected by medical staff as directed by the Texas Department of Health and dispensed according to the doctor's instructions. Exceptions to this are emergency medications (inhalers, allergy medications, epipens) which students can keep with them.
- Sleeping bag or sheets and blanket
- Pillow and case
- Wash cloths and towels (at LEAST two towels)
- Soap, toothpaste/brush, deodorant and other toiletries (packaged so they are easy to carry back and forth to showers)
- Flip-flops (to wear back and forth to the showers)
- Flashlight with good batteries
- Mosquito repellent (a small tube of cream is better than one large spray)
- Sunscreen, sunscreen, sunscreen!
- A non-breakable plastic cup or bottle for water!
- Swimsuit (*Though there is no mixed swimming, bathing suits should still be modest - one piece, tank-ini, or t-shirt worn over swimsuit.*)
- A few sheets of paper and PRE-STAMPED envelopes or postcards for writing letters home, if desired. (***Camp K does not provide stamps for campers.***)

ANOTHER NOTE ABOUT DRESS CODE: At Camp Koinonia, we depend on our parents to help campers determine appropriately modest clothing. While the styles constantly change, our standards for modesty have not. It is unfortunate, but we have learned from experience to ask that this standard modesty be prescribed. Parents, please be conscious of length and fit of ALL clothing. It is your primary responsibility. However, the Camp Director reserves the right to have the final say on what is appropriate and acceptable clothing for Camp Koinonia.

Optional Items to Bring:

- Camera
- Watch
- Frisbees, ball glove, balls, etc. (There is free time every day)
- Cards, small table games, etc. for free time
- Personal-sized fan for use in cabins - Although cabins are air conditioned, fans are helpful for comfortable sleeping.
- Specialized footwear, including hiking boots, running shoes, and aqua socks/river shoes
- Inner tubes or other items for water fun
- Sunglasses
- Rain jacket or poncho
- Necessary equipment or props for an individual talent performance. (These will be kept in storage except for the time of performance. **TALENT NOTE:** If you have an individual or small group "talent" you would like to present at camp, we ask that you be prepared **before** you come to camp. Sign-ups for nightly Follies will start at registration.)

What NOT to Bring:

- Any additional money (ALL EXPENSES are paid already; extra money is only there to be lost)
- **NO electronics** (*Cell phones, iPods, video games, radios, walkman, etc.*)
- Tobacco, drugs, or alcohol of any kind
- Guns, knives, or any other weapon
- Pets
- Food or Candy of any kind (nothing attracts ants and scorpions to the cabins better than food!)
- Over the counter medications (The medical staff will be well-supplied for normal ailments. If you have particular brands that you wish to send, be sure to turn them into the medical staff with your name on it and they will be returned to you at the end of camp. You need to be aware that **WE DO GIVE OVER THE COUNTER MEDICATIONS** to any camper who requests help with symptoms they are experiencing, unless instructed otherwise. These medications are administered per the manufacturer's instructions.)
- **Bad Attitudes!!!!**